



# Latvijas individuālais un klubu komandu kauss Cross Country

## Kesterciems

Starts: 2019.04.20. 11:32

Vieta	Vārds	#	Valsts	Klase	Aplī	Laiks	Vidējais ātrums						
22.	Valdis Šakins	8	LAT	A18+ (Amatieri)	8	1:36:00.0	38,5						
						13:36.4	11:15.3	11:37.2	11:32.9	11:48.3	11:53.3	12:15.1	12:01.2
23.	Atis Gromovs	37	LAT	H30+ (Hobby)	8	1:36:36.3	38,3						
						14:19.2	11:06.0	11:09.3	11:53.7	11:38.5	11:51.1	12:12.2	12:25.9
24.	Andris Ušakovs	307	LAT	H30+ (Hobby)	8	1:37:12.9	38,0						
						13:53.8	11:24.4	11:33.7	11:40.9	11:53.9	12:44.9	11:50.7	12:10.3
25.	Rolands Neimanis	127	LAT	A18+ (Amatieri)	8	1:39:32.1	37,1						
						15:24.3	11:27.3	11:48.4	11:50.8	12:01.2	12:19.1	12:26.4	12:14.0
26.	Jānis Freimanis	61	LAT	H30+ (Hobby)	8	1:39:48.0	37,0						
						13:52.0	11:34.1	11:52.5	12:06.7	12:20.2	13:08.7	12:21.2	12:32.4
27.	Jurijs Žižkuns	117	LAT	Seniors 40+	8	1:40:41.9	36,7						
						14:20.2	12:06.2	11:58.8	12:15.4	12:37.8	12:15.8	12:21.5	12:45.8
28.	Ivo Ģermanis	22	LAT	H30+ (Hobby)	8	1:41:48.0	36,3						
						14:17.4	11:50.5	12:05.5	12:56.7	12:37.1	12:41.5	12:32.9	12:46.1
29.	Juris Hmaruks	705	LAT	H30+ (Hobby)	8	1:42:38.7	36,0						
						15:02.9	12:06.9	12:08.4	12:22.1	12:26.2	12:31.9	12:55.6	13:04.3
30.	Juri Koger	505	EST	Enduro	8	2:06:06.8	29,3						
						16:39.7	14:42.0	15:02.0	15:29.8	16:59.8	16:02.5	15:50.0	15:20.7
31.	Edgars Apsītis	17	LAT	H30+ (Hobby)	7	1:30:04.2	35,9						
						15:53.3	11:51.3	12:01.3	12:13.3	12:16.3	12:29.6	13:18.8	
32.	Gatis Megris	5	LAT	H30+ (Hobby)	7	1:30:16.2	35,8						
						15:27.5	12:15.8	12:14.9	12:30.4	12:32.6	12:33.2	12:41.5	
33.	Roberts Mikstais	190	LAT	Seniors 40+	7	1:30:34.2	35,7						
						14:21.0	12:03.8	13:12.3	12:56.8	12:32.8	12:50.6	12:36.5	
34.	Aivars Kukojs	12	LAT	H30+ (Hobby)	7	1:30:43.7	35,6						
						14:04.6	13:28.8	12:43.5	12:35.3	12:58.5	12:35.9	12:16.8	
35.	Armands Krampe	44	LAT	Seniors 40+	7	1:31:24.0	35,4						
						14:18.4	12:24.6	12:44.0	12:34.1	12:53.3	13:18.3	13:11.1	
36.	Antanas Pučinskas	132	LT	A18+ (Amatieri)	7	1:31:46.1	35,2						
						15:26.4	12:14.0	12:28.5	13:22.0	12:35.2	12:55.5	12:44.2	
37.	Andrejs Stolars	300	LAT	H30+ (Hobby)	7	1:32:24.1	35,0						
						15:20.8	12:09.7	12:30.4	12:49.9	13:29.8	12:50.2	13:13.0	
38.	Vilnis Skrastiņš	82	LAT	H30+ (Hobby)	7	1:32:34.6	34,9						
						15:01.8	12:06.6	12:58.4	13:01.0	13:21.0	12:55.8	13:09.6	
39.	Leo Gulbis	11	LAT	H30+ (Hobby)	7	1:32:54.4	34,8						
						15:32.7	12:22.0	12:32.4	12:47.0	13:06.1	12:58.0	13:35.8	
40.	Gatis Aispurs	277	LAT	H30+ (Hobby)	7	1:33:23.3	34,6						
						15:52.0	12:38.0	12:38.9	12:38.7	12:48.6	13:15.3	13:31.4	
41.	Jānis Jēgers	261	LAT	H30+ (Hobby)	7	1:33:32.7	34,6						
						15:37.3	12:31.9	12:26.6	13:25.4	13:08.8	13:10.0	13:12.6	
42.	Jānis Gražulis	738	LAT	H30+ (Hobby)	7	1:34:04.1	34,4						
						15:39.6	12:53.4	13:44.5	13:47.0	12:23.2	12:28.5	13:07.7	
43.	Edgars Kursītis	38	LAT	H30+ (Hobby)	7	1:34:59.8	34,0						
						15:44.5	12:27.6	13:05.7	13:39.6	13:01.9	13:30.5	13:29.7	
44.	Gatis Dumbris	226	LAT	H30+ (Hobby)	7	1:36:05.0	33,7						
						15:50.6	13:02.9	13:05.8	13:08.8	13:31.9	13:29.8	13:54.9	
45.	Jānis Misiņš	111	LAT	H30+ (Hobby)	7	1:37:07.5	33,3						
						16:02.9	12:58.0	13:08.8	13:18.9	13:42.6	13:58.0	13:58.1	
46.	Kalvis Kušķis	808	LAT	H30+ (Hobby)	7	1:38:15.3	32,9						
						16:26.6	12:49.7	13:14.8	13:22.6	14:07.3	14:04.3	14:09.8	
47.	Miks Rasmanis	121	LAT	Juniors 14+	6	1:06:43.4	41,5						
						13:06.0	10:42.0	10:37.3	10:34.2	10:42.9	11:00.8		
48.	Markuss Daniels Jauntirāns	557	LAT	Juniors 14+	6	1:07:28.0	41,1						
						12:55.6	10:50.9	10:23.0	10:48.3	11:09.9	11:20.1		

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Vieta	Vārds	#	Valsts	Klase	Apļi	Laiks	Vidējais ātrums
49.	Artis Polis	751	LAT	Seniors 40+	6	1:39:55.3	27,7
						16:47.3 15:05.3 14:48.9 16:05.5 16:12.2	20:56.0
50.	Jānis Kārklīšs	512	LAT	Seniors 40+	6	1:55:30.9	24,0
						17:49.9 14:29.0 14:50.4 17:37.8 15:32.1	35:11.6
51.	Ivars Miķelsons	41	LAT	Veterāni 50+	5	1:01:38.9	37,5
						14:09.8 11:35.2 12:07.9 12:09.9 11:35.9	
52.	Danielius Žoštautas	371	LT	Veterāni 50+	5	1:02:19.8	37,1
						14:22.1 11:47.9 11:44.4 12:00.9 12:24.3	
53.	Ilgvars Martemjanovs	99	LAT	Iesācēji (C)	5	1:04:35.2	35,8
						15:42.0 11:54.5 12:35.2 12:08.6 12:14.8	
54.	Roberts Jānis Rubens	222	LAT	Iesācēji (C)	5	1:04:55.0	35,6
						15:45.7 12:28.1 12:37.0 11:55.6 12:08.3	
55.	Andris Kalniņš	84	LAT	Veterāni 50+	5	1:05:18.6	35,4
						15:12.8 12:12.5 12:18.7 12:33.2 13:01.3	
56.	Uldis Veidenieks	25	LAT	Veterāni 50+	5	1:05:29.4	35,3
						15:14.0 12:13.4 12:23.0 12:38.9 12:59.9	
57.	Jānis Bērziņš	66	LAT	Iesācēji (C)	5	1:05:34.0	35,2
						16:01.3 12:16.5 12:21.9 12:30.1 12:24.1	
58.	Pēteris Sliede	49	LAT	Veterāni 50+	5	1:05:53.1	35,1
						15:47.0 12:28.4 12:23.2 12:28.7 12:45.7	
59.	Gatis Buraks	796	LAT	Iesācēji (C)	5	1:06:46.3	34,6
						16:20.3 12:29.1 12:31.6 12:41.7 12:43.3	
60.	Vitālijs Podskočijs	386	LAT	Iesācēji (C)	5	1:06:47.9	34,6
						16:07.3 12:37.7 12:34.1 12:51.2 12:37.3	
61.	Juris Deičmanis	67	LAT	Veterāni 50+	5	1:06:58.9	34,5
						15:48.3 12:28.2 12:20.8 13:02.0 13:19.3	
62.	Andris Mahotkins	766	LAT	Iesācēji (C)	5	1:07:01.8	34,5
						15:34.9 13:33.4 12:31.4 12:35.8 12:46.2	
63.	Jurģis Rietums	366	LAT	Iesācēji (C)	5	1:08:29.5	33,7
						15:57.0 12:55.1 12:51.0 13:22.8 13:23.3	
64.	Sandis Kuklis	696	LAT	Iesācēji (C)	5	1:08:49.1	33,6
						16:00.4 12:30.5 12:53.3 13:46.5 13:38.3	
65.	Jānis Kuškulis	286	LAT	Iesācēji (C)	5	1:09:13.1	33,4
						16:50.0 13:43.7 12:43.4 12:47.0 13:08.8	
66.	Alvis Kambuts	329	LAT	Iesācēji (C)	5	1:10:14.4	32,9
						16:44.6 12:35.5 14:02.7 13:19.2 13:32.2	
67.	Jānis Ivanovs	850	LAT	Iesācēji (C)	5	1:10:30.4	32,8
						16:57.3 12:58.9 13:13.5 13:27.8 13:52.7	
68.	Didzis Kalve	40	LAT	Iesācēji (C)	5	1:10:30.6	32,8
						17:57.0 12:56.0 13:00.8 13:19.5 13:17.2	
69.	Guntars Žigats	169	LAT	Veterāni 50+	5	1:10:33.5	32,7
						15:55.4 13:07.5 14:30.5 13:18.8 13:41.1	
70.	Kristaps Ūdris	185	LAT	Absolūtais iesācējs	5	1:11:08.0	32,5
						17:33.4 13:16.8 13:24.7 13:18.2 13:34.6	
71.	Ainārs Štrobergs	165	LAT	Iesācēji (C)	5	1:12:31.7	31,8
						17:32.3 13:44.4 13:31.9 13:45.7 13:57.1	
72.	Gatis Šusts	143	LAT	Iesācēji (C)	5	1:12:58.2	31,7
						17:08.4 13:40.4 13:45.2 14:07.6 14:16.4	
73.	Gatis Gailītis	997	LAT	Iesācēji (C)	5	1:13:06.0	31,6
						16:53.7 13:34.2 14:16.9 14:06.8 14:14.2	
74.	Raivis Borisovs	296	LAT	Iesācēji (C)	5	1:14:17.9	31,1

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					16:56.0	13:10.9	14:28.4	13:26.8	16:15.6
75.	Kārlis Reinfelds	355	LAT	Iesācēji (C)	5	1:14:22.7	31,1		
					16:54.8	13:51.7	13:54.9	14:44.7	14:56.5
76.	Edgars Vilcāns	396	LAT	Iesācēji (C)	5	1:15:12.4	30,7		
					16:51.9	13:24.1	13:55.0	15:08.4	15:52.8
77.	Viesturs Kaktabuls	170	LAT	Veterāni 50+	4	1:00:33.6	30,5		
					17:31.7	14:09.2	14:17.4	14:35.2	
78.	Ivo Boruks	686	LAT	Iesācēji (C)	4	1:00:42.2	30,4		
					17:17.9	14:06.0	14:45.5	14:32.7	
79.	Edvards Šnēfelds	297	LAT	Absolūtais iesācējs	4	1:01:37.8	30,0		
					17:47.9	14:21.2	14:36.8	14:51.7	
80.	Agris Mizēns	281	LAT	Iesācēji (C)	4	1:01:55.0	29,8		
					18:12.6	13:52.8	14:20.8	15:28.7	
81.	Mareks Juitinovičs	802	LAT	Iesācēji (C)	4	1:02:00.4	29,8		
					17:38.6	14:33.2	14:36.8	15:11.7	
82.	Andris Upe	919	LAT	Iesācēji (C)	4	1:02:08.9	29,7		
					17:02.9	14:10.5	14:14.0	16:41.4	
83.	Edgars Smilga	354	LAT	Iesācēji (C)	4	1:02:17.7	29,7		
					18:08.7	14:06.5	14:49.6	15:12.8	
84.	Einārs Nollendorfs	60	LAT	Veterāni 50+	4	1:03:05.5	29,3		
					17:26.3	14:41.1	14:55.0	16:02.9	
85.	Kaspars Blūms	186	LAT	Absolūtais iesācējs	4	1:04:02.3	28,9		
					17:37.1	14:33.4	14:39.5	17:12.2	
86.	Reinis Lukstaraups	97	LAT	Iesācēji (C)	4	1:06:51.6	27,6		
					18:18.2	15:07.2	16:35.7	16:50.4	
87.	Emīls Kukojs	110	LAT	Juniors 14+	4	1:07:08.4	27,5		
					18:48.0	15:18.6	15:57.2	17:04.6	
88.	Aivars Pupovs	309	LAT	Veterāni 50+	4	1:07:37.3	27,3		
					19:08.4	15:32.8	16:02.8	16:53.1	
89.	Krissu Konoplitski	732	EST	Iesācēji (C)	4	1:08:08.1	27,1		
					19:24.9	16:09.4	16:14.0	16:19.7	
90.	Miks Dūcis	112	LAT	Iesācēji (C)	4	1:08:58.9	26,8		
					19:43.7	15:46.4	16:14.2	17:14.5	
91.	Matīss Jansons	525	LAT	85 cm3	3	1:04:20.0	21,5		
					20:50.2	20:32.1	22:57.5		
92.	Jānis Zušmanis	627	LAT	Iesācēji (C)	2	0:28:54.8	32,0		izstājies
					16:22.8	12:32.0			
93.	Matīss Ribkinskis	767	LAT	Iesācēji (C)	2	0:29:36.3	31,2		izstājies
					16:48.7	12:47.5			
94.	Artūrs Dūrītis	139	LAT	Iesācēji (C)	2	0:34:03.5	27,1		izstājies
					18:44.0	15:19.5			
95.	Rinalds Buraks	74	LAT	A18+ (Amatieri)	1	0:14:32.8	31,8		izstājies
					14:32.8				
96.	Einārs Vinters	4	LAT	Seniors 40+	0				izstājies